

### Growing Great Families

You can build our family the same way you build your house, with good foundations of love and values, Strong walls of boundaries and discipline and a roof of parental 'mana' to keep it all together. Learn to make this happen with the least effort.

Wednesday 26<sup>th</sup> July 2016

Karori West Normal School

**Free**

6.30 Doors open with light refreshments

7.00-8.30pm Presentation by John Cowan

For Further information please contact Christine Dowell [families@kbc.org.nz](mailto:families@kbc.org.nz)

### Karori Arts

**Karori Arts Creativity Boot Camp from:** 9.30am to 4pm at 7 Beauchamp Street, Karori – Room 4 upstairs

**Objective:** Enhance and develop your child's creativity through a range of exercises designed to stimulate right-brain neuron firing. Almost like a creative adventure where drawing, board games and art are the mechanism to develop your child's creative thought. Please provide lunch and snacks for your child – we provide milk and water. For any child with allergies please contact Margaret on 476-6817 as we need to manage lunch and snack times to keep them safe.

Younger Children: 5-10 years Monday 10<sup>th</sup> July, Tuesday 11<sup>th</sup> July and Tuesday 18<sup>th</sup> July (different activities each day). Cost: \$50 per day or \$45 per day if sign up for 2 or more days.

Topics: Quick draw, free, Drawing Challenge: non-dominant hand, blind drawing and contour contortions, Design your own card deck and game, Sculpture and puppet challenge, Tessellation painting challenge, Strategy Board Games, Lateral thinking puzzles and Hieroglyphic and Symbol challenge.

**Teenage Creativity Boot Camp** For 12-16 years old. Monday 17<sup>th</sup> July, and/or Thursday 20<sup>th</sup> July Places: Limited to 8 places **Full Day:** \$60 per day or \$55 per day if sign up for 2 days or **Half Day:** \$35 per am or pm session

**Morning 9.30am -12.30 pm Topics:** Discover your Art Hero through Art History and Art Movements, Curated tour of our adult Art & Photography exhibition, Advanced Drawing Challenge – non-dominant hand, blind drawing and contour contortions, Ink challenge – Monoprint and Gelli-Plate Printmaking without a press. Design and make your own print.

**Afternoon 1.30-4.00pm Topics:** Mobile Phone Art & Photography Challenge bring your mobile phone with built-in camera OR Digital Art Challenge – bring your i-pad or laptop OR Art Doll Challenge – using fabric, fabric paints, beads, felt – create your own unique art doll, sculpted wrist cuff or ear-rings

**Karori Arts Adventure Board Game Afternoon Workshops:** 1.30-4pm Monday 10<sup>th</sup> July or Thursday 20<sup>th</sup> July. **Cost:** \$28 per session. Special Rate: \$10 for Karori Arts & Crafts Games Club Members. No age limit tables for different age groups or experience. Games include: Ticket to ride, Dominion, Splendor, Pompeii and King of Tokyo.



### Karori Lawn Tennis Club

Karori Lawn Tennis Club, 226 Karori Rd, is pleased to be offering tennis coaching with Mareta Randall in term 3 on

Wednesday and Thursday after school. For more information contact Margaret Johanson at [KLTCjuniortennis@gmail.com](mailto:KLTCjuniortennis@gmail.com)

### Drama Classes

Drama Club is running a drama holiday programme in the upcoming school break – Monday 10<sup>th</sup> - Friday 14<sup>th</sup> July. The classes are held each morning from 9.00am (drop off from 8.30am) till 12.30pm. We have a different topic each day so students can pick and choose which days they would like to attend. Enrol on the Drama Club website - [www.dramaclub.co.nz](http://www.dramaclub.co.nz) or contact Bridie on [admin@dramaclub.co.nz](mailto:admin@dramaclub.co.nz)

### CELEBRATING MATARIKI- A family night of Korero, Shared Kai, Kapa Haka and night walk adventure.

On Saturday 15<sup>th</sup> of July celebrate Matariki at Pukaha from 6.00pm. Enjoy a shared hangi for Kai- Then take a hosted night walk starting with an introduction to Matariki followed by a night time eel feed. We'll listen to hear the wild kiwi in the bush and visit the glow worms. Return to the visitor centre for dessert and a hot drink to warm up while you enjoy a range of Matariki activities from Kapa Haka, flax weaving, and moko's. Price: \$50 per adult, \$20 per child. Family pass for 2 adults & 2 children \$130. Bookings are essential. Book at the visitor centre on 06375 8004 or email [info@pukaha.org.nz](mailto:info@pukaha.org.nz)

## Calling all Pukaha Junior Rangers-Sign up for school holiday duty!

It's almost July school holidays so it's time to get your Junior Rangers signed up for Ranger duty! Pukaha can help keep the kids busy with our hands on, interactive school holiday programme.

Junior Rangers can report for duty these school holidays, every Monday-Friday from 11-3. Get in behind the scenes with our Rangers and learn about caring for our birds and our forest. We will look at our insects, plants and eco-systems. On your first Junior Ranger duty you will collect your Junior Ranger conservation action booklet. Completed conservation actions can earn rewards. You might even become a Pukaha Conservation leader.

Our ranger guides are great at coming up with fun activities to suit the conditions but a Junior Rangers motto is " Be prepared" as we go snow, rain or shine! Come and help make a difference with us.

\$25 per child per day (age 6 - 12 years old) includes a packed lunch from Wild Cafe (filled roll or hot soup, fruit, homemade biscuit) plus water. We prefer the Junior Rangers join our programme without their adult however when you bring your Junior Rangers to Pukaha you can enjoy a FREE coffee in our Wild Café and go and enjoy a walk around the park for half-price while waiting for the Junior Rangers to come off duty.

Spaces are limited and bookings are essential. Book now at [info@pukaha.org.nz](mailto:info@pukaha.org.nz) or give us a call on 06 375 8004

## BIGAIR GYM CLASSES, BIRTHDAY PARTIES AND HOLIDAY PROGRAMME

Our popular classes include **Gymnastics** (Preschool and School age), **Trampolining**, **Tumbling**, **Parkour**, and **Cheerleading**.

GYMNASTICS teaches the fundamentals of strength and coordination which supports all sports, and children gain increased self-confidence as they progress through Bigair's gym programme. PARKOUR is fun for kids to learn safe and new ways to move around obstacles. Children that love cartwheels, handstands, and walkovers will enjoy GYMNASTICS and TUMBLING classes.

Anyone that has a trampoline at home will love learning new skills in Bigair's TRAMPOLINE classes. For all those dancers, tumblers, and gymnasts, we have our famous Bigair CHEERLEADING Teams for 4 years and above. Plus we offer **Birthday Parties** which are fun, and easy for parents! Bigair Gym Classes for Term 3, and our active **School Holiday Programme** are open for bookings NOW!

For all inquiries and bookings; Contact Bigair Tawa on 04 232 3508 or [office@bigairgym.co.nz](mailto:office@bigairgym.co.nz) or contact Bigair Owhiro Bay on 04 383 8779 or email [wqtn@bigairgym.co.nz](mailto:wqtn@bigairgym.co.nz).